

Embracing Lanesville Families
December 2009

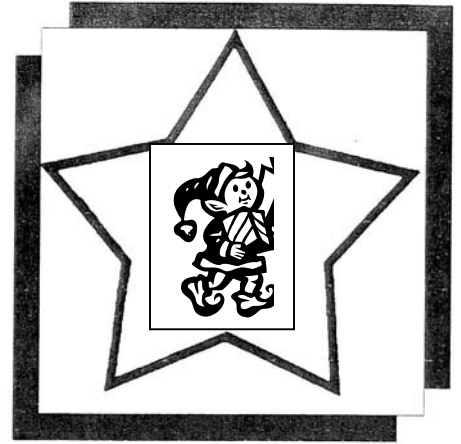
We often take for granted the blessings we enjoy, even when so many people around us are struggling to keep their homes, feed their families, and pay their bills. In the spirit of Christmas, you may ask yourself, "What can I do to help?"

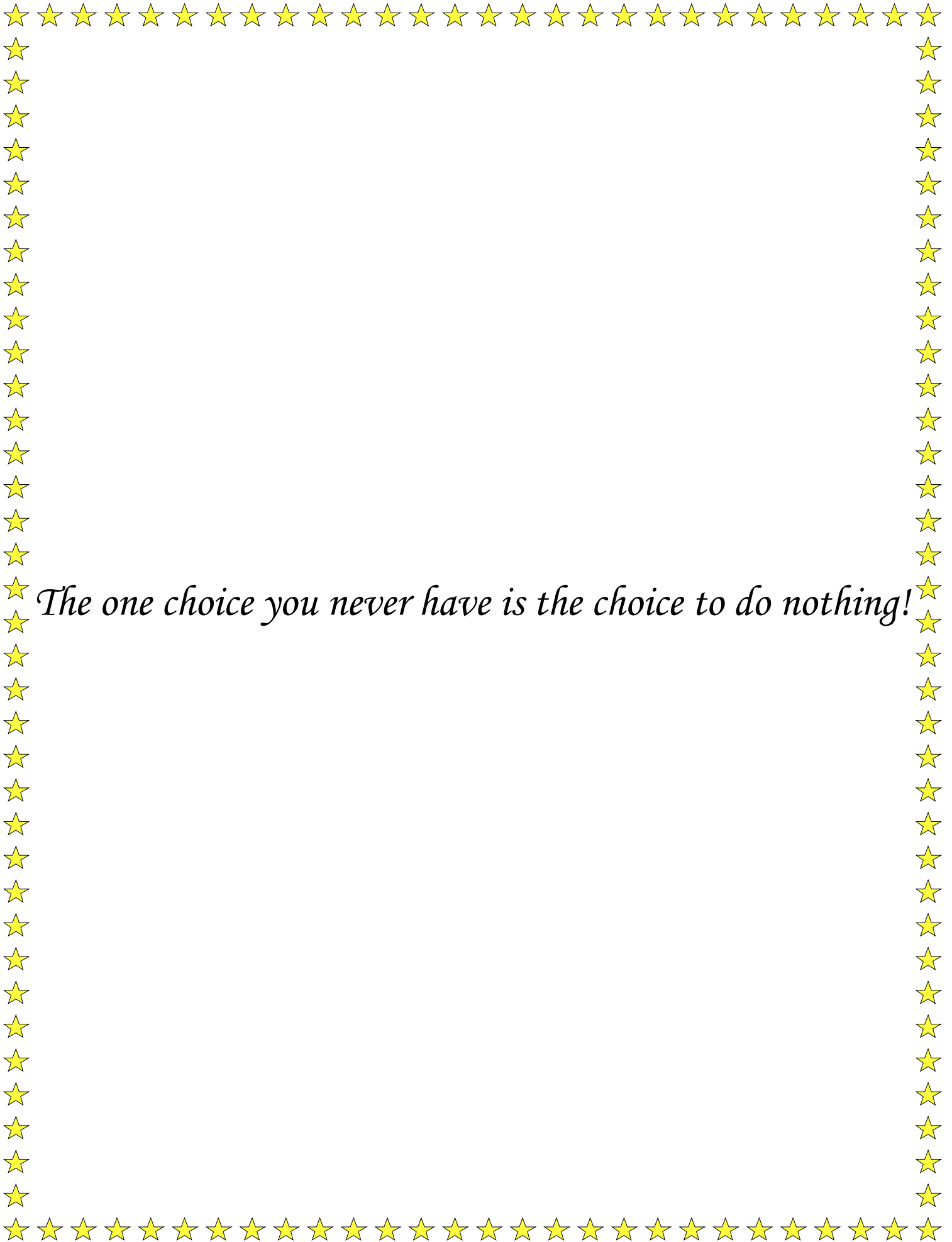
Here are some everyday things you can do for all members of our Lanesville Community:

- **Make time to listen to others... listen carefully.**
- **Give reassurance.**
- **Help them with everyday tasks like cleaning, cooking, caring for the family, minding children.**
- **Give them some private time.**
- **Don't take their anger or other feelings personally.**
- **Don't tell them that they are "lucky it isn't worse" - such statements do not console traumatized people. Instead, tell them that you are sorry such an event has occurred and you want to understand and assist them.**
- **Be sympathetic and patient... they may want to talk about it over and over again.**
- **Be loving, give a hug.**
- **Don't judge or minimize their feelings.**
- **Lend a shoulder to cry on.**

We are continuing our efforts here at Lanesville Community Schools to "Embrace" our families who are struggling this year. We are once again taking canned good and monetary donations to help our families who need some help this Christmas Season. Our ELF project runs from November 30 through December 18. If you would like to donate, please contact the High School Office at 812-952-2555. Thanks for continuing support!!!

The one choice you never have is the choice to do nothing!





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